

# PHD HEALTH PROGRAM

# STUDENT WELCOME AND PROGRAM ORIENTATION



**DALHOUSIE  
UNIVERSITY**

FACULTY OF HEALTH

August 30, 2023



# Agenda

- **Welcome:** Dr. Brenda Merritt, Dean, Faculty of Health
- **Program Introduction:** Dr. Lori Weeks
- **PhD Student Society:** Julie Campbell and Jodi Langley
- **Introduction to HLTH 6000/6100 Course Coordinators:** Dr. Kathryn McIsaac and Dr. Lori Weeks
- **Healthy Populations Journal:** Christie Stilwell
- **Student Accessibility & Accommodations:** Jen Davis
- **Healthy Populations Institute:** Cecilia Carrea
- **Questions**



# Getting Oriented to the PhD Health Program

# Who to contact:

## Program Coordinator

Lori Weeks, PhD (she/her)  
Professor, School of Nursing  
Forrest Building, Room G30  
[lori.weeks@dal.ca](mailto:lori.weeks@dal.ca)

## PhD Program Specialist

James Hall, MSc(he/him)  
Faculty of Health Dean's Office  
Burbidge Building, Room 316  
[phdhealth@dal.ca](mailto:phdhealth@dal.ca)  
902-494-7809 (office)

PhD Health Website: [dal.ca/phdhealth](https://dal.ca/phdhealth)

PhD Health Resource Hub (Brightspace):

<https://dal.brightspace.com/d2l/home/163236>

FGS Website: <https://www.dal.ca/faculty/gradstudies.html>

# Brightspace



Online Community - PhD Health Resource ...



Shanon Phelan



Course Home Content Discussions Assessments ▾ My Tools ▾ Help ▾ Course Admin



Announcements ▾

## Welcome to the PhD Health Resource Hub ▾



Posted Aug 31, 2021 9:14 AM

Students enrolled in the PhD in Health program will receive an email invitation to join our PhD Health Resource Hub on Brightspace. Features of this community include announcements, discussion boards, campus community links, guidelines for major milestones, and resources such as important documents and forms. We will share important information through Brightspace as it comes available, for example, conferences, community events, program events, funding opportunities, etc. We also

Calendar ▾

Tuesday, August 31, 2021 ▶

Upcoming events ▾

There are no events to display.

# WELCOME TO THE FACULTY OF HEALTH

Ten academic units

200+ faculty members

80+ staff

3000+ students

# Faculty of Health

Who are we?

What are we committed to?

## WHY WE EXIST

To lead integrated health research and education through collaborative partnerships in our local, national and global communities

## WHAT WE ARE STRIVING FOR

Improved well-being:  
Transformational health starts here

## HOW WE WORK

- We embrace innovation and change
- We champion scholarship and critical inquiry
- We respect all voices
- We commit to integrity, equity, inclusion and well-being
- We strive for meaningful collaborations
- We value broad perspectives of health



## Two-Year Residency Program Requirements

Requirement	Expected Completion Date
HLTH6000 Seminar Series (3 credits), HLTH6100 (3 credits), Advanced Research Methods/Statistics elective (3 credits) and two additional electives (6 credits) <b>15 credits total</b>	End of Year 1
Comprehensive Exams: HLTH8000	After coursework has been completed
Thesis Proposal: HLTH9530	End of Year 2
Research and Dissertation Completion	End of Year 4/5

## Three-Year Residency Program Requirements

Requirement	Expected Completion Date
Research Project HLTH5101 and HLTH5102 (6 credits) Additional Advanced Research Methods/Statistics elective (3 credits)	End of Year 1
All coursework, including required courses as per two-year requirements (15 credits) <b>24 credits total</b>	End of Year 2
Comprehensive Exams: HLTH8000	After coursework has been completed
Thesis Proposal: HLTH9530	End of Year 3
Research and Dissertation Completion	End of Year 5/6

# COURSES

- Full course outlines can be found on the PhD in Health Website under [For Current Students and Supervisors](#)
- HLTH 6000 and 6100 schedules and course materials can be found on Brightspace in their respective course pages



# HLTH 7001/7002 Directed Studies

- May fulfill up to two elective requirements
- Complete and comprehensive syllabus is required
- Should be completed within one term
- Supervisor *or* alternate instructor
- Contact [phdhealth@dal.ca](mailto:phdhealth@dal.ca) to have course added to timetable

# Supervisory Committee

- Ideally should be established by the end of the first term
- Generally maximum 4 members including Supervisor(s)
- The purpose of the supervisory committee is to create a learning environment that will meet the learning needs of the student and advance their thesis work. Include those who:
  - Are experts on the topic of your research, leaders in their field
  - Can provide guidance on theoretical aspects of your research
  - Can guide you on research methods, techniques
  - Can provide you with collaborative opportunities



# HLTH 8000 Comprehensive Exam

- **Major milestone! “PhD (c)”**
- Completed after coursework has been completed
- Preparation for your thesis work and foundations for future research and teaching
- **Tips:**
  - Begin thinking about your reading list early
  - Use a reference manager
  - Have (ongoing) conversations with your supervisor and committee early
  - Take on/Create opportunities to practice
    - Write about your area of interest
    - Talk about your area of interest

# HLTH 9530 Doctoral Thesis

- Thesis Proposal to be completed by the end of 2<sup>nd</sup> year (3<sup>rd</sup> for non-thesis students)
- Written proposal and presentation by student to Supervisory Committee
- Opportunity to get feedback, brainstorm, and problem solve with your committee
- Once approved, you can move to the Research Ethics review stage (this is dependent on the type of research you are doing)
- **Students should be registered in the thesis course (HLTH 9530) in EVERY TERM after regular coursework is completed and in EVERY TERM thereafter until graduation.**

# Additional Expectations

- All students are required to apply for at least one major external award during their program
- Present at (at least) one scholarly conference (local, national, or international)
- Produce at least 2 peer-reviewed publications
- Complete annual progress reports using the thesis-option in their Graduate Student Information System (GSIS) accounts

# Opportunities to take advantage of...

- Gain research experience: research assistant, research coordinator, volunteer roles with research teams
- Gain teaching experience: teaching assistant, guest lectures, clinical teaching, sessional instructor
- Center for Learning and Teaching: University Teaching Certificate, Teaching Portfolio Development, Courses/Webinars on Pedagogy and Education Scholarship
- Travel Fund/Professional Development Fund
- PhD Health Student Society
- Student Success Centre/Writing Centre
- UNIWeb



# What does it take to win? PhD candidate lands dream job helping Toronto Blue Jays reach peak performance

Josey Houle - August 21, 2023



Biomechanics and physiology researcher Josh Goreham helps Jays players improve their performance levels and reduce their risk of injury. (Provided photo)

 Like 3 people like this. Sign Up to see what your friends like.

Josh Goreham (BSc'12, MSc'14) is motivated in both his academic and professional work by the prospect of helping people to become the strongest, healthiest versions of themselves.

Goreham has put the skills he's learned in the PhD in Health program such as data analysis,

# Introduction to HLTH 6000/6100

## Course Coordinators



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# HLTH 6000 Graduate Seminar

## *Dr. Kathryn McIsaac - Course Coordinator*

- Combined with Kinesiology and Physiotherapy graduate seminar
- Presenters from various disciplines
- Meets about every 2<sup>nd</sup> Wednesday at 2:25-4:25 pm
  - Alternates with HLTH 6100, first class on Sept. 6, check course Brightspace page for the class schedule
  - Location, CHEB 150 (fall)
- Topics and requirements are located on the course Brightspace page
- Student participation required
- Evaluation – Pass/Fail

# HLTH 6100 Fundamental, Applied, and Translational Aspects of Health Research

## *Dr. Lori Weeks - Course Coordinator*

- Seminars organized and delivered by the course coordinator and students in the course.
- Meets about every 2<sup>nd</sup> Wednesday at 2:25-4:25 pm
  - Alternates with HLTH 6000, first class on Sept. 13, check the course Brightspace page for class schedule
  - Location, Dentistry 6100 (fall)
- Schedule and topics uploaded to Brightspace
- Student participation required
- Evaluation – Standard letter grade B- required to pass



# QUESTIONS?

